

THE CHRONICLE

WELCOME FROM OUR CEO

Welcome to the St Andrew's Chronicle. I am delighted to share all that we have been up to over the last few months. Young people have enjoyed lots of great opportunities with the Club. From learning to abseil on our adventure residential, perfecting new moves in our hip hop dance classes, to indoor wall climbing during our Christmas holiday programme. St Andrew's is always a place where young people can try new things, challenge themselves and have fun. All this would not be possible without our wonderful supporters, thank you. I hope you enjoy reading about all these exciting activities and more. **Sarah, CEO.**



OUTDOOR ADVENTURE RESIDENTIAL

It was an adventurous October at St Andrew's, as we took 31 young people on a five-day residential at Hindleap Warren Outdoor Adventure Centre, in East Sussex.

Young people enjoyed exciting challenge activities such as tree climbing, archery, axe throwing, abseiling, tower climbing, muddy obstacle courses and more.

Our annual adventure residential pushes young people out of their comfort zone, supporting their development, building their independence, and confidence to face their fears. The trip helps young people learn key skills such as teamwork, communication, and problem-solving, helping to build resilience and perseverance. It also provides a safe space to make friends and enjoy a once-in-a-lifetime adventure with their friends.

"The trip boosted my confidence"

The annual trip to Hindleap Warren is a highlight of the year for the young people who attend. The Club was delighted to be able to provide this unique and exciting opportunity, that young people might otherwise have been deprived of.

100% of children who attended said the trip had improved their confidence.

100% of parents said would send their child on another residential with St Andrew's

100% of children said they learnt something new

"I made more friends and learnt how to climb"

This wonderful adventure was funded by the 2023 Christmas Big Give matched giving campaign. Thank you so much to the Fieldrose Charitable Trust the Childhood Trust and everyone who donated. Your generous support helped to provide young people at St Andrew's with a truly amazing experience and treasured memories to last a lifetime. Young People absolutely loved their five-day adventure and our Youth Workers were so proud and privileged to see them develop and step up to overcome new challenges.

"I learnt to be courageous and face my fears"

Scan or click the QR code to see young people's thoughts on the trip.



Special thanks to
Jupiter Asset Management
for covering design and printing costs.
www.jupiteram.com

FESTIVE FUN

Young people at the Club enjoyed a jam-packed December with Christmas-inspired arts and crafts, festive-themed baking session and ice-skating trips.

We held two Christmas parties complete with a visit from Santa and his Elf. Thanks to some very generous donations, we distributed over 200 presents and festive food parcels to young people and their families. The excitement continued into the new year with outings to soft play, indoor rock climbing and two theatre trips to see the Lion King in January.

"I loved doing the raffle as everyone got the chance to win everything and go home with a Christmas present!" Kendhi, 10

Thank you so much to Santa's little helpers La Fosse, Harley Street BID, Jupiter Asset Management and Cash for Kids Mission Christmas campaign for donating gifts to St Andrew's.

Thank you to the Mayor's Fund for London (MFL) Kitchen Social Programme and the Felix Project for donating food and food parcels this December and to Westminster Council and the MFL Kitchen Social Programme for sponsoring activities during the Christmas school holidays.



FANTASTIC FOOTBALL

The Club enjoyed another fantastic football season throughout 2024. The Club has four league football teams and has been proud to see them all scoring goals, winning games and making memories. With the under 14s and under 15s both going on impressive unbeaten streaks.

"I want to keep the team's winning streak going all season. Come on St Andrew's" Alfie, 13

Additionally, St Andrew's trains an additional two teams each week and the Club was especially proud to bring back the Club's all-girls team in 2024, returning by popular demand. The weekly training sessions are very popular, and they hope to enter a league later this year.

"I am so grateful to become captain of this team" Olivia, 13

The St Andrew's football programme helps children develop teamwork, stay healthy and improve their confidence. Last year, the programme supported over 80 young people.

GET DANCING

The Club provided six weeks of dance classes for our members to enjoy in collaboration with our amazing friends at Dance Umbrella. Children got to work with Hip Hop Theatre and Street Dance company Impact Dance, Dance Umbrella Festival, and a professional filmmaker to collaboratively design and shoot a new dance film! Over 70% of attendees said they wanted to keep dancing once the classes were concluded.

"During dance class I connected to my friends a lot" Young Person



BOXING CHAMPION VISITS THE CLUB

Former British Light Welterweight Champion, Ashley Theophane visited the Club, to support young people in our weekly boxing class. Ashley shared his professional insight and experience to encourage and inspire to St Andrew's young boxers.

A special thank you to Tom a former Member of the Club who coaches both boxing and football. Tom arranged this visit and helps keep young people healthy and active throughout the year.

"The Club means so much to me and the community its been here for so long and it will be here forever. It's a safe space for young people to have fun and meet new people" Tom, Youth Worker and Coach



MENTAL HEALTH AWARENESS DAY

The Club continues to support and promote positive mental health and well-being.

To celebrate Mental Health Awareness Day, on 10 October, our Youth Workers asked young people what the word mental health meant to them. These conversations helped to break down barriers and start positive discussions around mental health.



"Mental health means supporting each other"
"Mental health means being happy. Not keeping your problems to yourself but talking about them"
"Mental health means being content in yourself"

SENSORY ROOM

Over the last few years, the Club has seen a significant rise in the number of children with special educational needs and disabilities (SEND) attending St Andrew's. The Club is dedicated to inclusivity and strives to support all young people and their needs. To ensure we are meeting the needs of every child who attends the Club, we are delighted to have created a new Sensory room. The Sensory room is a quiet space where children who might feel overwhelmed by the loud bustling excitement of the main area can relax. The room is complete with sensory equipment including a bubble machine, a sensory light table, sensory games, a light projector and more.



Thank you to the Westminster Foundation for funding all the sensory equipment.

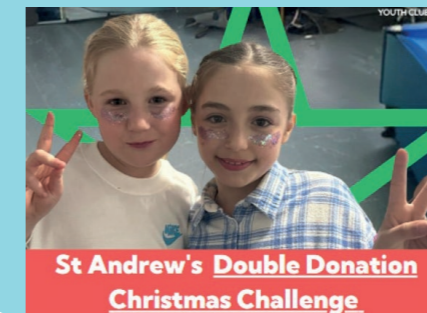
"Having a dedicated calm space at the Club means that we will be so much more inclusive to those that find aspects of Club life overwhelming at times. It will support many of our current members but also open up the Club to those who may find it difficult to attend without a calm space. We are proud as a Club to continue to develop our offer to meet the needs of young people" Sarah Nicholls, CEO, St Andrew's

MATCHED GIVING CHALLENGE RAISES £17,890

Thank you so much to everyone who supported the Club's 2024 Big Give Christmas Campaign. Thanks to your outstanding support the Club was able to surpass our £16,000 fundraising target and with Gift Aid we raised over **£17,890** in under one week!

All the money will go to support the Club's After School Programme. Enriching young lives throughout the academic year. This essential work would not be possible without your generous support. From everyone at the Club thank you so much. A special thank you to our corporate partner La Fosse and The Childhood Trust for doubling donations this Christmas.

"My favourite thing about the Club is I get to socialise and spend time with my friends who I don't get to see often" - Esmée, 9



St Andrew's Double Donation Christmas Challenge

OUR NEW FOOTBALL KIT!

Thank you so much to Jupiter Asset Management who generously sponsored St Andrew's football kit. Helping young people play the game they love all year round.



CORPORATE VOLUNTEERING AT ST ANDREW'S

Thank you so much to the amazing volunteers from our corporate supporters Ruffer, La Fosse and Jupiter Asset Management who generously volunteered their time to help re-paint key spaces at the Club. In the last few months, our community gym, Youth Worker office and sensory room were all painted with their support. This ensures that the Club is a welcoming and vibrant space for children to spend their time.

HOW YOU CAN SUPPORT ST ANDREW'S

PRESIDENTS RECEPTION

We are delighted to invite you to our annual President's Reception on Tuesday 25th March, 6-7.30pm. Join us for a drinks and finger food reception (prepared and served by the young people) and an interactive tour of the Club. Spaces are limited to book your space visit our Eventbrite page via the QR code

or email max@standrewsclub.com



Friend of The Andrew's

To mark 40 years at Old Pye Street, we are inviting you to join Friends of The Andrew's. For as little as £4 a month (the price of one coffee) you can help enrich young lives and support the long-term stability of the Club. Become a Friend of The Andrew's by making a small regular donation, you will be helping young people in our community to thrive and making sure the Club is here for future generations.

To learn more click or scan the QR code.



VISIT THE CLUB

We would love to invite supporters of the Club to come down and visit St Andrew's, meet with staff, young people and see the Club in action. If you would like to visit, please email trish@standrewsclub.com to arrange a date.



FAB FUNDRAISERS

Thank you so much to everyone who took on a challenge event in 2024 to raise money for the Club. A massive thank you to staff from LBMW, Edelman and a team of the Club's dedicated gym members for going above and beyond to support the Club. Challenge events raised £8,500 for St Andrew's in 2024.

You can support the Club in 2025 by taking on a challenge and raising money for St Andrew's to help enrich young lives. If you're interested in taking on the challenge in 2025 email max@standrewsclub.com.

"The race went great and I was super pleased with the funds that were raised" 2024 fundraiser

Fundraise For ST ANDREW'S In 2025

Toughmuder

10 & 11 May,
Henley On Thames

Battersea Park Half Marathon

10 May / 12 Oct / 15 Nov

Triathlon

18 April, Oxfordshire

London To Essex Cycle

25 May

Toughmuder

20 & 21 Sep, West Sussex



LEGACY DONATIONS

Leave a legacy in your will to the John Scott Fund, a growing fund, established by friends and supporters of the Club, with a particular mission to provide some long-term financial security to the Club. Contact trish@standrewsclub.com to find out more.



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